



COVID-19 TESTING



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SYMPTOMS

Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and/or diarrhea.

WHO SHOULD CONSIDER BEING TESTED FOR COVID-19?

If you have symptoms of COVID-19, you should consider being tested for the virus. Your first step is to contact your doctor. If you are sick, you should make sure to drink lots of fluids, rest, and use over-the-counter medications to help manage symptoms.

If you test positive, notify anyone with whom you have been in close contact with. Keep your doctor updated on any significant changes in your health. You should call 911 or go to the emergency room if you have emergency warning signs such as difficulty breathing, pain or pressure in the chest, or new confusion. Most people can resume activities after 10 days since symptom onset and 24 hours fever-free without medication and improvement in symptoms.

If you have been in close contact, defined as someone who is within less than 6 feet for at least 15 minutes of a COVID-19 positive, you should consider testing. Even if your test is negative, you should also stay home for 14 days and monitor for symptoms.

TYPES OF TESTS

COVID-19 MOLECULAR (PCR) VIRAL TESTING

Uses respiratory samples—such as a swab from the inside of your nose or at the back of your throat—to find out if you have COVID-19. Samples are collected and sent to a laboratory. Results come back in 2 days to one-week depending on the volume of samples the laboratory is processing.

COVID-19 ANTIGEN VIRAL TESTING

Uses respiratory samples—such as a swab from the inside of your nose or at the back of your throat—to find out if you have COVID-19. Results are available at the point of care in less than one-hour. Antigen tests may produce false negatives. Your healthcare provider will determine if a molecular COVID-19 test is needed in addition to antigen testing.

COVID-19 ANTIBODY TESTING

A blood test that can tell you if you've had COVID-19 or a related coronavirus. Antibodies usually develop 1–3 weeks after symptoms start. We do not know how long antibodies last.

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COUNTY AND STATE SUPPORTED TESTING

Note: No fees or insurance required.



BAY COUNTY DRIVE-THRU TESTING



Monday, Wednesday, and Friday 7 a.m. - 3 p.m.
Tuesday and Thursday 10 a.m. - 6 p.m.

Location: Lynn Haven Sports Park
Address: 2201 Recreation Drive

Testing type: Rapid Antigen and Molecular (PCR)

Criteria: Adults 18 and older and children 5 and up with a parent or guardian

Process: Appointments must be made online, visit www.bayhealthcovid19.com. A short questionnaire must be completed before booking an appointment time. Insurance information is not necessary and can be skipped by stating "no insurance" on the questionnaire. Photo identification is required upon arrival for an appointment. Clients may wait on site to receive their rapid results or opt to receive a text with results.



FLORIDA DEPARTMENT OF HEALTH IN BAY COUNTY

Monday, Wednesday, and Friday 8 - 11:45 a.m.
Tuesday and Thursday 11:30 a.m. - 3 p.m.

Location: DOH-Bay
Address: 597 W 11th ST, Panama City

Testing type: Molecular (PCR) with results in 3-5 days

Criteria: Persons of all ages with symptoms of COVID-19 or close contacts of persons with COVID-19

Process: Appointments are required. To make an appointment, call (850) 872-4455 Monday - Friday from 8 a.m. - 5 p.m. for screening. Follow the prompts for COVID-19 and COVID-19 general information.

ONEBLOOD ANTIBODY TESTING

OneBlood is testing all blood donations for the COVID-19 antibody. The antibody test is authorized by the Food and Drug Administration (FDA) and will indicate if the donor's immune system has produced antibodies to the virus, regardless of whether they ever showed symptoms. They are also accepting donations of convalescent plasma. For more information or an appointment, visit OneBlood.org or call +1 (888) 936-6283.



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PRIVATE PROVIDERS

Note: If you do not have insurance or they don't accept your provider, there may be an office visit fees between \$115 - \$150. Some fees may not be fully covered by insurance. Please check with the office and your insurance company for additional information.

CVS Health is now offering no-cost drive-thru COVID-19 testing at select CVS Pharmacy locations. Tests are available by appointment only at the drive-thru window. Results will be available in 2-4 days. To find testing locations, determine eligibility and schedule an appointment visit <https://www.cvs.com/minuteclinic/covid-19-testing>.

Testing type: Molecular (PCR)

PanCare Health

Criteria: Testing all persons with or without symptoms by appointment including children.

Testing type: Antigen rapid test and molecular (PCR)

Process: Book online at pancarefl.org/covid-19.

Nations Best Family Health Care

1514 W 23rd ST, Panama City

Criteria: Prioritizing healthcare and government workers, first responders, persons with symptoms, persons with exposure, and persons who need testing for surgery, travel clearance or daycare/college paperwork by appointment including children.

Testing type: Molecular (PCR)

Process: Book online at

<https://nationsbesthealth.com/covid-testing/>.

Nu Wave Medical Center

10800 Panama City Beach Pkwy

Criteria and Process: Call (850) 666-4726 for information Monday - Thursday 7:30 a.m. - 5 p.m. and Friday 7:30 a.m. - 3 p.m.

Testing type: Molecular (PCR)

Coastal Internal Medicine

12007 Panama City Beach PKWY

Criteria: Testing persons with symptoms

Testing types: Molecular (PCR)

Process: Call (850) 234-5151

Mon. - Thurs. from 8 a.m. - Noon and 1 - 5 p.m. and Fri. 8 a.m. - Noon.

American Family Care Panama City Beach

15415 Panama City Beach Parkway

Criteria and Process: Tests are available to all patients, no appointment required. 7 days a week 8 a.m. - 6 p.m. including children.

Testing type: Abbot ID Now rapid Molecular (PCR) with result in 15 minutes.

Emerald Coast Urgent Care

2704 Thomas Dr., Panama City Beach

Criteria and Process: Call (850) 236-8655 for information 7 days a week 9 a.m. - 8 p.m.

Testing type: Antigen rapid tests, Molecular (PCR) and antibody

Coastal Urgent Care

1702 Ohio Avenue, Lynn Haven

Criteria and Process: Testing all persons with symptoms ages 2 and up. Walk-in Monday - Friday 7 a.m. - 5 p.m.

Testing type: Antigen rapid test

Access Point Healthcare

2306 North Highway 77, Panama City

Criteria and Process: Testing all persons. Walk-in 7 days a week from 8 a.m. - 6 p.m.

Testing type: Antigen rapid test and Antibody testing