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DOH-BAY OBSERVES NATIONAL CHILDREN'S DENTAL HEALTH MONTH



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Panama City, Fla.— February is National Children's Dental Health Month. The Florida Department of Health in Bay County offers services for youth at our Children's Dentistry Clinic. Although we sustained damage and do have some construction to complete, we are opened and ready to see children on Medicaid from 1 to 20 years of age.

"Children's teeth are meant to last a lifetime, and a healthy smile is important to a child's self-esteem. With proper care, a balanced diet and regular dental visits, their teeth can remain healthy and strong," said Holly Holt, Interim Administrator for the Florida Department of Health in Bay County.

Children can avoid cavities using the following advice:

- Brushing their teeth twice a day with a fluoride toothpaste
- Cleaning between their teeth daily
- Eating a healthy diet that limits sugary beverage and snacks
- Seeing their dentist regularly for prevention and treatment of oral disease

DOH-Bay's Children's Dentistry clinic is open Monday through Friday from 7:30 am – 4:30 pm. The address is 3518 E. 15th Street, Panama City. You can reach the clinic at 850-872-4455 or visit bay.floridahealth.gov.

About the Florida Department of Health

The department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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